



University  
of Regina

**CENTRE FOR CONTINUING EDUCATION  
English as a Second Language Program**

3737 Wascana Parkway  
Room 114, Wakpa Tower  
Regina, Saskatchewan, Canada S4S 0A2  
Phone: 306.585.4585 Fax: 306.585.4971  
Email: [esl@uregina.ca](mailto:esl@uregina.ca)  
[www.uregina.ca/esl](http://www.uregina.ca/esl)

Designated Learning Institution Number:  
O194256 60270

**February 2023 In-person Language and Culture Program Description**

**Program Details:**

**Dates:** February 6 to 24, 2023

**Course fee:** \$2935 CAD

**What is included in the program fee:**

- Tuition
- Books and materials
- Scheduled program activities and related transportation
- On-campus accommodation (February 5 check in and February 25 check out)
- Food (starting with breakfast on February 6 and ending with supper on February 24)
- Fitness pass for the campus gym and swimming pool (February 6 to 24)
- Airport pickup and drop off

**What is NOT included in the program fee:**

- Transit pass for personal use (optional to purchase independently)
- Health insurance (required to purchase from home country)
- Costs for doing personal laundry
  - o Laundry cards can be purchased with cash only. Cost of laundry cards \$5 CAD and cost per wash or dry \$1.75 CAD.
- Additional food and accommodation costs outside of program dates
  - o Accommodation rate per extra day approx. \$57 (tax included); food costs vary
- Fees for any optional or additional activities
- Flight to and from Regina
- Personal/ miscellaneous expenditures

**Total Program Hours: Approx. 105 hours**

- Instruction: 63 hours
- Local Tours and Trips: Approx. 15 hours
- Other Activities and Events: Approx. 27 hours

**Application deadline:** Nov. 30, 2022 (Sask)

**Pre-program orientation:** Friday December 16, 2022 7:00 pm (Sask.)/ Saturday December 17, 2022 10:00 Am (Japan/ Korea)



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**Program Description:**

In this Language and Culture program, participants will study English communication and experience Western Canadian culture.

Participants will take up to 5 hours of class a day Monday through Friday with our instructors. Classes will focus on practicing real-world English communication. English language skills may include but are not limited to:

- Asking for and providing information
- Expressing an opinion
- Agreeing or disagreeing
- Describing an event, experience etc.
- Speaking and/ or writing more fluently
- Improving listening comprehension
- Communicating more confidently in English

Participants will also study topics and themes related to Canadian culture of life in Canada. These topics may include:

- First Nations/ Indigenous Peoples of Canada and Saskatchewan
- Multiculturalism
- Canada and Saskatchewan's geography
- Landmarks and attractions
- Symbols of Canada, Saskatchewan and Regina
- Canadian food and food specific to Saskatchewan
- The Role of England, the Queen and the Royal Family in Canada
- Popular Canadian sports and activities
- Common cultural differences to know when visiting Canada
- Canadian money

On weekday afternoons, evenings or weekends, participants will also do a variety of activities, sessions and tours with our Cultural Assistants, who are University of Regina students. Some examples of activities, sessions and tours that participants may do include but are not limited to:

- Team building games and activities
- Language workshops, conversation groups or language games and activities
- Local tours such as the Royal Canadian Mounted Police Heritage Centre, a Saskatchewan farm, the Royal Saskatchewan Museum, Wascana Lake etc.
- Cultural events such as Indigenous culture demonstrations or multicultural showcases



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Before the start of classes and before arriving in Regina, participants will take an online placement test to determine their level. Before the start of classes and before arriving in Regina, participants will also receive an online pre-program orientation. Finally, participants will take a post-test at the end of the program to determine their improvement.

Each student will receive a copy of their certificate of course completion, with name, date and host institution, and a program grade report at the end of the program. On the final day of the program, a closing ceremony will be held for all program participants.

Levels offered: Beginner, Intermediate and Advanced (pending minimum enrolment)